



Rapid Advance Girls Golf School

**with Golf Professionals, Veronica Karaman
and Jimmy Hamilton**

Sunday, July 31 4 to 7 pm
Tuesday, August 2 9 am to noon
Thursday, August 4 4 to 7 pm

**For beginner players and those desiring to play on a girls' golf team
this school year.**

Come to one, two or all three mini-schools in Raleigh!

Hello aspiring golfers! As the Girls Golf Coach of Cary Christian School last year, I noticed that there were many girls who wanted to advance in their game and play competitive golf, too. Many of you were the “3 hole competitors” throughout the season. I thought, “If these girls just had a chance to work on their game before the season got into full swing, they would have a much better time being on the golf team and competing in the matches without so many frustrating wacks at the ball!” If that describes you, this golf school is for you!

Day 1: Sunday, July 31 4 to 7 pm

Pre-swing fundamentals: grip, aim, stance, posture, alignment
The impact zone: How to make a solid hit – swing development
True Champion Mindsets - Part I: The inner game of golf:
Getting in touch with your true champion identity.
Skills Competition

Day 2: Tuesday, August 2, 9 am to noon

Putting
Chipping
Full Swing
Champion Mindsets, Part II: Putting your mind in a position to score – secrets
of mastering the mental game.

Day 3: Thursday, August 4, 4 to 7 pm

Full swing – Part 2
Pre-Shot Routine
Etiquette and Rules
True Champion Mindsets, Part III: Building friendships and how to carry
yourself like a role-model on the course.
Skills Competition

Your instructors:

Veronica Karaman, Golf professional and founder of True Champion Coaching
Duke University scholarship player
1989 U.S. Open Participant
Futures Golf Tour Player
Instructor since 1981
Cary Christian School Girls Coach, 2010
Certified Professional Coach, Life-Forming Leadership, Inc.

Jimmy Hamilton PGA member for 29 yrs
Owner and director of Instruction at Capitol Tee Golf Practice
Center, Raleigh, NC
Voted among the top ten teachers in NC by Golf Digest, 2003
to 2006
Coach of Saint Mary's School varsity and jv golf for 7 seasons
4 time participant in the National PGA Senior club
professional championship including a T-7 finish in 2009

Place: Capitol Tee Driving Range

3420 Yonkers Rd.
Raleigh, NC 27604
Capitolteegolf.com

Fee: \$259

Includes 9 hours of instruction, range balls, instruction notes

NOTE: Each mini-school is designed as a stand alone school.

1 Mini-school: \$ 99
2 Mini-schools: \$188 Save \$10
3 Mini-schools: \$259 Save \$38

To Register: on-line at www.truechampioncoaching.com

Click on the “workshops” link.

OR call Veronica Karaman at 757-407-1907 cell

Registration deadline: July 29

For more info: veronica@truechampioncoaching.com, 757-407-1907 cell