



Coaching Kids to Greatness: 5 Keys to Nurturing a True champion

**Introductory “Champion Mindsets for sports and academics” Coaching Workshop
for student-athletes and their parents focusing on whole-person development**

**Saturday, October 13, 2012
Cary Christian School
10:00 am – 1:00 pm**

**Coaches and parents, are you struggling to raise a soul beyond a goal?
Wondering how to raise a healthy competitor and achiever?
Would you like a coaching approach to develop a true champion?
Wondering how to approach peak performance God’s way?**

In this 3 hour interactive workshop, parents and players will learn:

- *Communication tools to unlock your child’s potential and motivation
- *A proven biblically-based process you can use for sports and academics
to maximize personal formation and academic-athletic performance.
- *How to create success despite your score, eliminating failure and disappointment.
- *The secret of process-oriented goals vs. results-oriented goals for maximized performance
- *The *one* most effective role parents must adopt to nurture a healthy competitor.
- *The role of love and grace as a foundation for all achievement
- *How to debrief a competition together to quickly release negative emotions.

Your coach: Veronica Karaman, Founder, True Champion Coaching,

Golf Professional, author, speaker, certified life-coach, and heart-centered performance coach

Duke University, B.A., Regent University, M.A. Communication, M.A. Biblical Studies

1989 U.S. Open participant, Genuine Hero Award Recipient, Trinity College, 2010 Cary Christian School Girls Golf Coach

Fee: \$79 per family, early registration by Oct. 1. Regular registration: \$89 after Oct. 1.

On-line registration: www.truechampioncoaching.com, click on link on homepage

Deadline for registration: Wednesday, Oct. 10

Parents and players of all grade levels, athletic ability, and types of sports welcome.

Non-student-athletes welcome, too.

For more information or to register via phone, call Veronica at: 757-407-1907 cell

“Thanks to your coaching, my daughter out-performed herself with the best competitive score of her career. We created a great family memory on the course and look forward to coming back next year.”
Bob G., 2007 U.S. Kids World Championship Father

“Allysa’s goal was to finish 10th. Thanks to the True Champion Coaching process, she finished 6th, and is still making birdies for Grandma as her driving motivation! We had a great time!” Michelle, Canada

BONUS: The first 5 to register will automatically be entered into a drawing to win a one-on-one coaching session with Veronica to create your very own *true champion activation plan*, a \$250 value!

Coaching Kids into Their Greatness REGISTRATION

Name (parent) _____

Name (player) _____

Grade level _____ Sport _____

Other direct family members attending: _____

Parents are welcome to attend without their kids.

Maximum participants per family: 4

Address _____

City _____ State _____ Zip Code _____

Email _____

Phone _____

What is your greatest challenge in coaching your student-athlete?

Payment: _____ check _____ credit card

Credit card: _____ VISA _____ Mastercard

Name on card _____

Credit Card Number _____

Expiration Date _____

You can also register via credit card on-line at
www.truechampioncoaching.com.

See you at the workshop!

Send to:

Veronica Karaman
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